



DREAMING DURING THE IMMORTALITY JOURNEY

The dream space allows us to play out content that we could not, or would not, during waking life. It can play an important role in resolving aspects of the psyche.

We do not only live by day, we also live in our dreamscape.

Dreams feature strongly during the Immortality journey. A lot of the memory content when going back in time tends to play out in dreams.

Up till now, I have had surprisingly few dreams with Immortality, but then I am really busy during the day and rarely sleep more than 4 hours a night, so not that much time for dreams.

The two dreams I had involved meeting up with people to arrange collaborations, events, conversations and more. This is very much what is happening in my life at the moment. Last night's dream was about organizing a party for everyone connected to Immortality, and the logistics around getting supplies and a venue.

The dream space is not separate from our life. It allows us to play out content that we could not, or would not, during waking life because of constraints we place upon ourselves. Or simply due to the fact that the person or situation we may be dreaming about is not physically around to play out certain scenarios with us.

What comes up during the Immortality process will, of course be personal and likewise inconceivable, although it will feature the review of the mind, body and psyche we are going through at this time.

There is nothing particular to do here beyond being aware of any messages that might be coming our way and to sit back and let it all play out. Intentions can of course be set before sleep to prod the dream space in a particular direction, or access certain truths we might otherwise be unable to. But really, we just want our dream space to be part of the cellular unwinding of memory we have in our day.

In this mood, we just need to let things play out and receive any messages the subconscious throws out. The following dream is from a person during the Immortality trial and demonstrates what is happening in the world of dreams.

“Before starting Immortality, I have had a recurring dream of being in a house or flat that was derelict. There was a whole wing that no one knew was there, and it contained an aquarium filled with dead things...ugh.

I had the dream again two nights ago, but was prompted to start renovating the house, along with a group of people I don't recognise. A comment on my reality, or the collective reality”

This indicates how the remedy is working as a cleanser, bringing in outside forces or whatever might be needed for help, as the business of reconstruction often has many facets. We see this in people shifting their diet away from comfort eating and engaging exercise regimes to get their bodies back in shape.

What will be happening in dreams will be an echo of this process as we clear out that which no longer serves. It is the way of true healing as it all just plays out by itself.

The dream I had last night, organising a party for members of the Immortality trial group so they could all meet up, feels important to build community and for people to swap and share stories as the first wave of new immortals.

Meeting up together cements our new view on time by seeing younger faces around us. The more we witness this, the easier it is to build a new reality where age reversal is a fact. We create a new consensus reality by seeing it all around us.

In the dream I was organising everything, creating the space and sending out invites. Once the table is set and seats are allocated, everyone just appears and the feast begins.

Dreams can also offer insight into the coming day, a foretaste to get us in the mood where we can bring things into form. Sometimes seeing an event in dream space gives us the shape or outline of something which is often all we need. A good picture creates the space for us to colour in the details bringing it into form.

A friend of mine had a lucid dream on Immortality where he went back into his past and saw family members from a hundred years ago playing out their daily activities. This is what becomes available when we break the hold time has on us.

Building a new vision going forward, it is important for the new immortals to connect and co construct a new world a world where we are not bound by time, and where we see in others faces in every moment, the effects of immortality in real time.

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