

Genesis Trial for ADD & ADHD.

The Genesis Trial was conducted to explore the effects of Genesis, a vibrational remedy formulated to support natural cognitive alignment. Over a 2-month period, 30 participants of various ages completed a structured questionnaire assessing focus, task initiation, calm, emotional balance, and sleep quality before and after regular use of Genesis.

The purpose of the trial was to gather real-world feedback on how Genesis supports attention, motivation, and mental clarity in both adults and children, with or without formal ADD/ADHD diagnoses. Participants also provided insight into lifestyle factors influencing focus, consistency of use, and perceived safety.

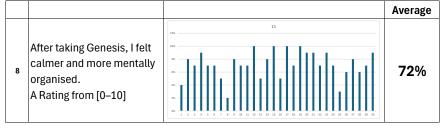
Findings from this initial trial aim to deepen understanding of how regenerative, non-chemical approaches like Genesis can contribute to healthier patterns of focus, emotional regulation, and cognitive flow.

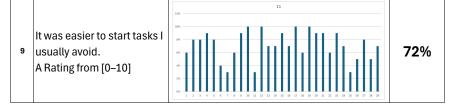
			Daily	Most Days	Occassionally	
1	How consistently did you take Genesis during the 2 Month Trial?	12 *1 *2 *3	13	15	1	
			15 Mins or Less	15- 30 Mins	Unsure/Other	
2	How long does it take for you to feel the effects of Genesis?	13	7	11	11	
			< 3 Hours	3-4 Hours	5-6 Hours	Uns
3	How long did the effects of Genesis last (on average)?	24	3	4	14	

			Less mental resistance to starting tasks	Less time lost to distractions or doom- scrolling	Increased follow-thorugh on repetitive tasks	Greater calm and patience under pressure	Improved time management/ efficiancy	Felt like I had more time in my day	No noticable changed yet
4	Subtle Shifts & Habits (Tick all that apply)	14 14 15 22 13 4 15 15 17	24	16	17	19	15	13	0
			None	Mild	Moderate	Other			
5	Any side effects or discomfort?	14	14	7	1	2			

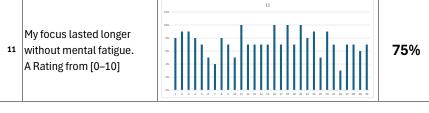
			Genesis felt gentler with equal or better benefits	Genesis was less potent but had no side effects	Genesis felt ineffective for me	I have not used chemical medication
6	Compared to chemical medication (if used)	14	5	1	0	18

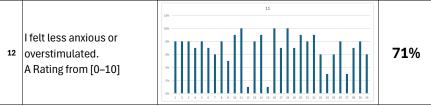
			Yes	No	Unsure
7	Genesis supports the formation of new, healthier neural pathways, helping the brain self-regulate over time. Do you feel your need for external focus aids may decrease with continued	314 252	14	0	10



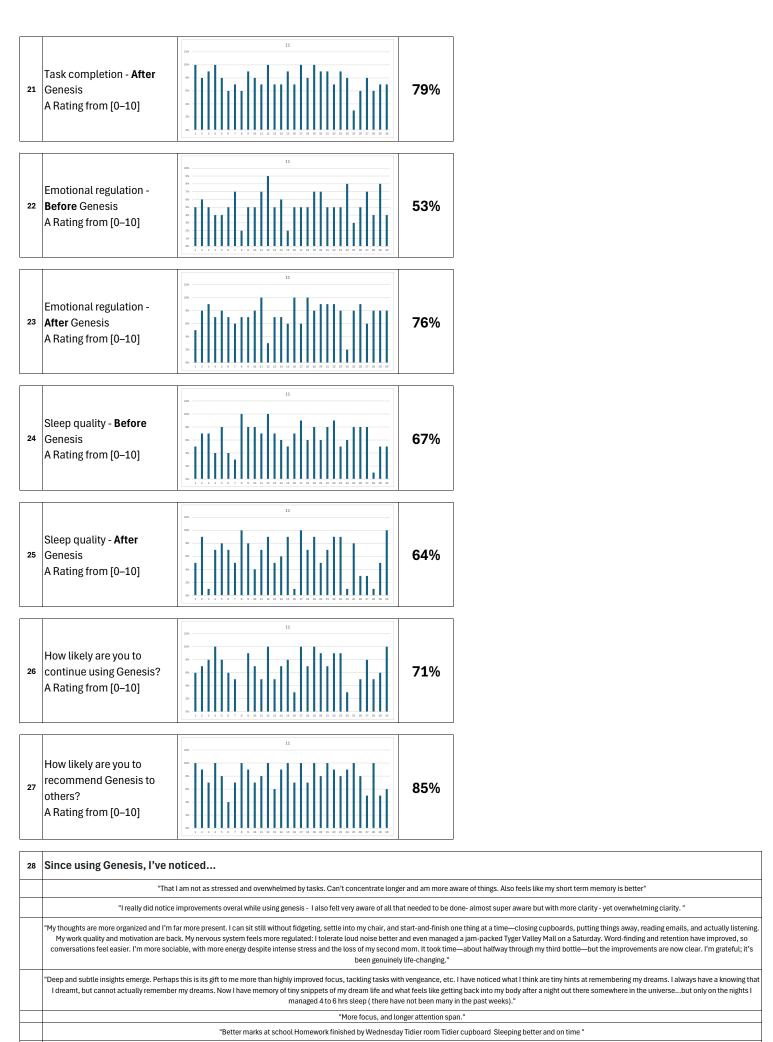












"Much more focus and ability to begin and complete tasks that before were very difficult to both begin and complete."

	"That I don't procrast	nate and am also not late any more. I stay more in the present moment and can listen better to others. There is a calm presence in me now and I feel I can always go back to it. "				
	"I gave myself more of a break. Less	obsessing over mistakes or miscommunication. More able to move past stuff. Seeing bigger picture rather than being perfectionist in the moment. It was like a magic elixir for zen and focus."				
		"A returning home to myselfa Calmness that surrounds me all the timelove it!!"				
	"My thought processes are less	s cluttered/shifting. I can now focus and my productivity has improved incredibly. I used to wake up at 3am and battle to get back to sleep, but I am now sleep straight through the night."				
		"more grounded focus and staying on task. Physical and mental clarity and energy. Genesis is helping me change my brain."				
"I don't procrastinate as much when it comes to boring daily tasks and I am much more focused when I work. That in itself is a rewarding experience."						
	•	t not only am I more sharp mentally but also more motivated to do physical activities. After the second bottle I didn't need to take it every day, it is as though new healthy habits were not reliant tune with myself. I even started studying again. I feel much calmer through stress, my anxiety is less and much less over-thinking and rather just getting tasks done with meticulous focus."				
	"I am much more tolera	nt and can still focus and concentrate when there's is lots of surround noise. I am not as sensory overwhelmed as before. My memory is better, I feel more present and grounded."				
		"A greater focus on starting tasks and an increased drive to finish them. Feeling uplifted and encouraged with tackling tasks i had put off for a while"				
		"I start and complete my tasks that I have been putting off for months, with ease. Love Genesis!"				
	depression prescribed by my Dr. Fe was destroying my ability to feel realin to be vaxed to travel . Genesis ha remember 🔥 . Reality , memories are	of important people in my life. I am 77 yrs old, so many loved ones have passed . It felt as though they were next to me again in a very defined way . Hugely comforting 1 have taken meds for It that they were having a detrimental Effect on my brain function, as though part of me was becoming disconnected and dead . I stopped taking these meds as could feel the long term usage y. This was about 3 year back . I was diagnosed with Covid in 2020. Had taken the Covid vax at least 3 times which left me with gut issues - still not quite right . I travelled internationally so had is definitely improved my recall and connection to the past . Both my children live in other countries , and all my immediate family have passed . Genesis has allowed me reconnect and to back in technicolour. Have done adhd informal tests and results confirm that I tick many boxes in this respect . I have always been a highly functional empath . Also qualified as a Reiki master alcohol , my faith requires that I do not consume the pungents - garlic, onions, leeks , chives. I feel very blessed to have been on this trial and to be aware that these energetic tinctures are available .				
		"how much easier it is to start and complete routine admin tasks that I previously avoided, it feels good and adulting feels easier"				
	*	tic, documents that would normally take we weeks to write take me 3 to 5 days. I'm doing all the boring tasks I usually put off and never get done, like tidying cupboards and basic admin. My from managing to do grocery shopping without a list to recalling people's names. I'm finding it easier to put social media down after a few minutes rather than getting sacked in for hours. I'm definitely calmer "				
		"More tasks completed, less postponement, more focus when doing tasks. I am effective and can get more done, accurately "				
29	Closing Summary	The findings from this initial Full Spectrum Protocol trial reveal meaningful regenerative potential, with participants showing notable improvement across key emotional, behavioural, and cognitive areas within a remarkably short period. Such positive shifts suggest that the protocol may support the formation of new, healthier neural pathways—helping the brain restore balance and self-regulate more effectively over time. At Beyond Medicine, our work is rooted in the understanding that the body holds an innate ability to regenerate when optimally supported. Through the use of vibrational frequency remedies, we aim to activate these natural healing processes, bridging modern insight with ancient wisdom to nurture the mind and body's full capacity for alignment, focus, and vitality.				

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